

GAZETTE

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Green Lake Church of Seventh-day Adventists

June 2010



In This Issue

- Board of Elders.....5
- Calendars8
- Cypress School Graduation.....2
- Graduates3
- Hikes6
- Lost and Found7
- Nonagenarians Among Us7
- Orchestra Summer Camp.....4
- Pastoral Perspective1
- Potluck8
- Softball.....6
- Stephen Ministry5

Pastoral Perspective

Are You a Loafer for Life?

It was our head elder, Virginia Bock, who got me started. I've a thing for names, and her last one invokes the sort of 'liquid bread' first brewed, according to Wikipedia, in the Hanseatic town of Einbeck around 700 years ago. In fact, as an aside, I must add that our church directory boasts other comestible-sounding last names like Bordeaux and Veal that, if I may take the liberty of imposing a little whimsy here, sound unlike anything served at one of our monthly potlucks. But the point of my admittedly eccentric digression is not to prove that our congregation is made up of saints whose family heritage predates the Adventist health message—since Ancestry.com takes us all back beyond 1844 in the flash of a search engine's memory—but that our names, in all their glory, often evolved through centuries of what best identified our forebears (depending on racial and cultural traditions, of course). In my case, for instance, 'Wood' probably meant that a serf, virtually enslaved by some lord, spent his days poking about in a forest and making sure that his master's grouse, boar, hazelnuts, partridge, and mushrooms were coming along nicely. What he did was what he was, and the name stuck.



*From the
Pastor's
Desk*

If we take this idea one step further, it's no surprise that a good proportion of last names therefore derive from what still matters most to humanity: food. The catching, tending, protecting, and preparing of food often shaped the way our families labeled themselves. For example, common names within the English language, like Smith, Cooper, and Fletcher, support this

observation alongside more obvious cases like Baker, Cheesewright, Hunter, and Shepherd. And to drive the point home, Audrey Archer, Kathleen Bullock, the Case family, and Connie Cook should all take a bow.

In our day and age, however, basing one's identity on food procurement sounds odd. Food is everywhere. We're inundated by miles of aisles at the supermarkets and by a neon-lit drive-thru at every corner. Since hunting and gathering have long disappeared, it's all too easy now. All we have to do is wind down the window and super-size.

So when Jesus says he is the bread of life, how does that ring in our ears? If it doesn't conjure visions of milling the grain so that your back aches, or kneading the dough so that your forearms swell, and then seeing, smelling, and tasting magic as it emerges from ovens that you've stoked with infinite care, do you really value your bread? Perhaps, like many within the fitness community today, you don't touch bread for fear of 'carbs'. And let's not forget the rising number suffering from celiac disease, or gluten intolerance (thanks perhaps to modernity's haywire allergic challenges). In their case, the 'bread of life' sounds more like a 'kiss of death'. What I'm getting at is that just

(Continued on page 2)



June

Platform Remodel Photo



This photo, taken May 28, 2010, shows the platform enlargement in progress. The first service using the new platform will be June 5, when the orchestra plays for the first time without the old extenders. Photo by Carolyn Lacy

(Continued from page 1)

Pastoral Perspective

as we've grown away from our very names, as it were, so too are we distanced from the metaphorical impact of Jesus' parables. We have to imagine afresh his spiritual impact by remembering the gratitude his peers felt at every evening meal. Never knowing if it was to be their last supper—in a world without insurance and filled instead with legionaries pointing their pila—Jesus' people might easily have regarded each hunk of bread as a final treat before facing their metaphorical javelin-throwing squads.

So, even if the last time you munched on some twelve-grain was months ago as a forerunner to something Polish, indulge me by entering another time and space when bread, firm or dripping as it was in ancient Egypt, really meant life. Forget the plenty that surrounds us,

it deludes, seduces, and estranges us from the staples that brought us here through millennia of painstaking focus. Think instead of the priceless spiritual dependency that the metaphors of Jesus' food provisions evoke in us. Jesus delivers the bread of life so that you might gather around your table for the breaking of it in community, and with euphoric gratitude for another day lived, another mouth fed, another belly filled with hope.

In these days of economic privation, when jobs are lost and dreams dashed, you can be a loafer for life, without guilt, simply by feeding on his staple of undying divine love that sates the spirit and fills the heart.

Blessings,

David Wood ♦

The Large Committee

to select the Nominating Committee will be chosen on June 26

Cypress Adventist School 8th Grade Graduation

June 2
7:00 p.m.

Edmonds Seventh-day Adventist Church
8625 - 196th St SW
Edmonds 98026



June 20

Father's Day

2010 Green Lake Graduates

ELEMENTARY, MY DEAR WATSON

Karl Kleppe, presently home schooled, has completed the sixth grade (elementary school) and plans to continue home schooling for the seventh grade. He is an excellent student and is very patient in sharing the classroom with Nathan, his third-grade brother. We have observed Karl playing bass in the orchestra; did you know he also enjoys the piano, drama, and history? He likes to create movies, build structures, read, ride his bike, and snow board, which he learned this year.

Dylan Mehrer completed King's Elementary and will move up to King's Junior High School. Dylan is a ski racer for Team Snoqualmie where he placed 4th overall in Boys 12 and under in Giant Slalom and Slalom Washington, Oregon, and Idaho Championships this winter. Proud Mom and Dad are Kurt and Jennifer Mehrer.

Derek Rajah completes sixth grade at Hazelwood Elementary School. He will attend Brier Junior High in the fall, where he hopes to join the school band.

MIDDLE SCHOOL

Riley O'Donnell moves from middle school into Nathan Hale High School. This past winter, Riley placed third on the Stevens Pass Free Ride Ski Team. Watch him go on his skateboard! His fans include two Labrador retrievers, Tango (16) and Mocha (3).

Karl Vyhmeister graduates from Eastside Preparatory School (8th grade) on June 17. He has earned Johns Hopkins Center for Talented Youth awards for high scores on SCAT, STB, ACT, and SAT tests and earned the second highest math score in Washington state in the 5th grade. Utilizing the Washington Search for Young Scholars Award, he has taken classes at the UW in math and physics through the Robinson Center. He completed two years of high school math during middle school, as well as courses in science, quantum physics, nanotechnology and genetics. Karl plays the violin in the Bellevue Youth Symphony Orchestra Sinfonia level. And in his spare time, he enjoys Ultimate Frisbee, reading (13,500 pages this year), following the stock market, and robotics. Spare time? When was that again? Karl will attend Upper School at Eastside Prep. Cheryl Wells and Alwin Vyhmeister are cheering Karl! We join their cheers!

HIGH SCHOOL IS OVER—WE'RE OUTTA HERE!

Matthew Jones, grandson of Les and Gwen Bromgard, received his diploma May 30 from Puget Sound Adventist Academy. During high school,

Matt was active in basketball and soccer; he was the 2010 recipient of the Tad Loganbill Memorial Athletic Award in recognition of leadership, high academics, and positive influence on others. In 2008 and 2009, he was a national award winner for science from the U. S. Achievement Academy, and in 2009, he was a member of PSAA's robotics team, which took second place in the state for the Washington State

Championship for First Tech Robotics. He maintained a 3.93 cumulative GPA. Matt has been accepted at Walla Walla University, where he plans to study engineering, with minors in business and mathematics. Matt says, "Green Lake Church has always held a special place in my heart, and many of its members are like family to me. Thanks for being such a loving, caring, and encouraging church body!"

Cameron Voegele, son of Marci Voegele and grandson of Olive White, completed high school at Union Academy in Monroe, North Carolina, May 25.

UNIVERSITY SHEEPSKINS

Brian White, Olive White's grandson, graduates from Washington State University with a degree in Business.

ADVANCED ACCOMPLISHMENTS!

Marcus Cannon will be graduating on June 26 with a Master of Arts in Counseling Psychology from Mars Hill Graduate School. He has also completed a clinical internship at Ryther Child Center, specializing in working with children and adolescents with severe behavioral, emotional, and mental health problems. In October, Marcus and Chelsi will be returning to Southern California, where he will be looking for a job as a child therapist in a residential/inpatient treatment setting. He will also be starting a small private practice working with higher-functioning families and adults—this would be for children with school problems, mild behavior problems, ADHD, or Asperger's, or adults going through life stressors of divorce, death, depression, addiction, etc.

Tim Dunston— receives his Master of Arts in Theology on June 5 from Fuller Theological Seminary.

Tina Guldhammer Frei completed requirements for a Master of Arts in Theology and the Arts last winter from Fuller Theological Seminary.

Will Frei completed work for the Master of Arts in Theology at Fuller Theological Seminary last winter. ♦



Graduates



Orchestra Summer Camp

Green Lake Youth Orchestra, Summer 2010

July 21 through July 24

9:30 a.m. to 3:00 p.m.

Come join your orchestra friends for a three-day string-intensive program

- ↻ Orchestra Rehearsal
- ↻ Improvisation Music Techniques
- ↻ Ensemble work

Variety program
Friday, performed by
you for your friends

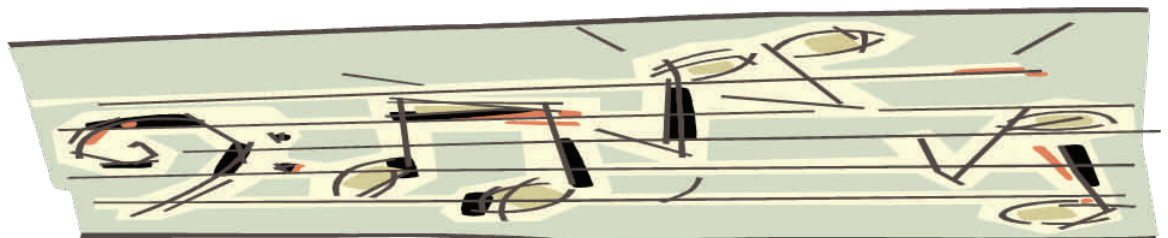
Orchestra Performance, Sabbath, July 24

No charge for the
summer workshop

To reserve your spot, RSVP kwkleppe@comcast.net by June 4

Orchestra music will be sent out early June, allowing enough time for you to learn your part by July 21.

Camp T-Shirts available for \$12



What is Stephen Ministry?



You may have noticed a list of names of Green

Lake's Stephen Ministers in the church bulletin and newsletter. This is a quiet, personal, ministry which our church has offered for a number of years. Because it remains a very private and personal form of spiritual nurture, some members of our community may not realize what it has to offer.

Stephen Ministry was developed in 1975 by a Kenneth Haug, a Lutheran pastor in Missouri, as a way of offering one-on-one lay Christian care to people undergoing moments of crisis or uncertainty, such as losing a job or undergoing work-related anxiety, a health crisis, loss of family members by death or divorce, life changes of any kind which are stressful, or any situation in which having a caring, listening Christian friend may make a difference in one's outlook and experience.

Stephen ministers are trained to be good listeners, to maintain confidentiality, and to help others feel spiritually connected to a caring community, but they are not trained counselors or professional care-givers. They learn when to call in professional help from a pastor or therapist. Most of the Stephen Ministers in our congregation have served as elders, deacons, or deaconesses and are familiar with the nurture support system inside our congregation. Some also have independent professional expertise in areas of medicine, education, and guardianship law.

by Karla Walters

Stephen ministers are assigned with the expectation that the care relationship is for a short term (not more than a year) and are assigned to only one care receiver who must be the same gender; the care receiver does not have to be a member of the church, but must be an adult, not a teenager or child. Stephen Ministers are supervised at the congregational level, and if a caregiving relationship doesn't work out, the assignment can be changed or dropped.

If you wish regular pastoral visits while dealing with a short-term issue, perhaps you should consider requesting a Stephen Minister. While a pastor has the entire congregation to care for, a Stephen Minister is assigned to only one care receiver. A Stephen Minister will listen, be willing to pray with you, and to meet or talk with you about once a week. Complete confidentiality is expected from the Stephen Minister.

A recent PBS broadcast about Stephen Ministries is at

<http://www.pbs.org/wnet/religionandethics/episodes/april-9-2010/stephen-ministries/6044/>

If you are interested in having a Stephen Minister, please contact a pastor or one of our Stephen Leaders: Myrtle Mitchell (425-558-5872), Simona Vuletic (206-632-1858), or Karla Walters (425-603-9344). ♦



Stephen Ministry

Board of Elders

The Board of Elders of Green Lake Church desires to get better acquainted with our church family in order to meet the various needs of our diverse congregation. With that goal before them, the elders will be contacting church members and friends in the coming months. Those contacts may take the form of home calls, telephone calls, e-mail, snail mail, or personal meetings at church.

Ideally every household in GLC would be contacted before the first of 2011. Realistically, limited human resources indicate the possibility that it may not happen. Priorities must be observed, with first attention given to those families or individuals who have needs that are known to the pastors, the church administrator, or the elders. Those would include shut-ins, the sick or dying, the bereaved, or others who have urgent needs.

The elders will be happy to pray with parishioners and offer spiritual support. They will be able to provide communion for shut-ins when it is desired. This service will be available year-round, not just on the days that the congregation celebrates communion. In the event that an individual or family wants the services of a Stephen Minister, the elder will communicate that need to the chair of that ministry.

For an individual who wants to find or increase his own ministries within the church, the elders can serve as liaison between that person and other entities at GLC.

The elders will accept comments and suggestions regarding how the congregation can be better served, and they will coordinate their activities

(Continued on page 7)



Softball

Green Lake is in an informal coed league with five other NE Seattle churches. It's lots of fun and a great way to meet fellow Green Lake Church members and people from other area churches.

It's not too late to join us. Contact coach Ken Fairchild at ksfchild@yahoo.com or 206- 524-5017 for more information.

Date	Time	Opponent	Field
June 6	3:00	Community	Laurelhurst N
June 13	5:00	Faith Lutheran	Laurelhurst S
June 20 (Doubleheader)	5:00 & 7:00	St. Stephens	Laurelhurst S
June 27	5:00	St. Catherine	View Ridge #1
July 11	3:30	Community	Laurelhurst N
July 18	5:00	Assumption	Laurelhurst N
July 25	2:00	TOURNAMENT	Laurelhurst

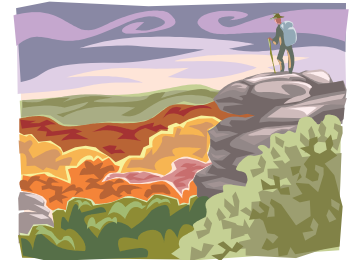


Laurelhurst Playfield is at NE 45th Street and 47th Avenue NE.
View Ridge Playfield is at 4408 NE 70th Street. ◊

For an interesting history of the Seattle Church League, go to <http://thelaurelhurstblog.blogspot.com/2010/05/neighborhood-church-softball-league.html>
[Could the "Ken" mentioned, who has been playing for almost all of the 20 years of the league's existence, be our own Ken Fairchild?]

Summer Hikes

The Green Lake Church summer hike season begins three weeks before the official beginning of summer. The tentative schedule is listed below. A date or two might change, so watch the weekly bulletin for changes.



Date	Destination	Hike Leader
5 June	Mt. Washington	Mark Haun
	Mt. Washington is Mt. Si's under-appreciated neighbor, with vastly better scenery, no crowds, and a gentler slope. (3 miles each way, 1800' elevation gain)	
12 June	Lake Serene	Note change of date
	Climb stairs and switchbacks past a beautiful waterfall to a postcard-perfect alpine lake ringed by the sheer 3000' cliffs of Mt. Index. (3.6 miles each way, 2000' elevation gain) End the day with Gardenburgers and ice cream at the home of Curtis and Carolyn Lacy.	
10 July	Granite Mountain	Brent Lambeth
	A classic and challenging hike near Snoqualmie Pass, Granite Mountain sports meadows of beargrass and wildflowers, a fire lookout, and 360-degree views. (4 miles each way, 3800' elevation gain)	
24 July	Mt. Rainier	Mark Haun
	Flowers and Stars Carpool after church to Mt. Rainier and split into two groups for the one-way hike between Sunrise and Lake Eleanor, exchanging car keys in the middle. Witness one of the finest wildflower displays on Earth and a beautiful sunset, finishing by headlamp. (11 miles, hilly)	
TBD August	Discovery Park	Ken Fairchild
	The Green Lake hiking season traditionally ends with this easy hike in Discovery Park, suitable for children and strollers. Finish up with ice cream at the residence of Don and Shirley Mehrer.	

Meet Evelyn Vulliet

Recently my husband Ken and I have been visiting with long-time member, Evelyn Vulliet. Evelyn lives a short distance from the church, in University House in Wallingford, not far from the family home in which she spent her youth growing up in Seattle. She has many memories to share from her life, which spans nearly 95 years.

Evelyn's father, Charles Degering, worked in Panama and the Caribbean in Seventh-day Adventist missions, and she was born in Kingston, Jamaica. After the family returned to the States, her father became business manager for Broadview College in Illinois. However, for most of her youth, Evelyn lived in Seattle. They lived in a house her father built at 400 Northwest 45th in Phinney Ridge.

Charles Degering supported his family in a variety of ways and was a good businessman. Mainly he distributed Loma Linda foods in Washington State. While he was a teenager at Seattle Junior Academy, Ken's brother, Tom, worked for Mr. Degering, loading and unloading canned food boxes. Charles Degering undertook additional business opportunities from time to time, including setting up a printing press in their home basement and printing small custom orders. Evelyn remembers her father singing hymns while running the press. One of his printing contracts was to print the sacks for Stone Burr Flour Mills.

In the distant past, Charlie Degering shared with the Green Lake Church discussion class

that, when he was manager of the college store in College Place in 1905, he introduced ice cream, which some of the customers regarded as a "sinful" event.

People familiar with the *My Bible Friends* series of picture books by Etta B. Degering will be interested to know that these books, and many others, were written by Evelyn's aunt, who was married to her father's brother. Etta B. Degering researched her book on Thomas Alva Edison in the University of Colorado Library.

Evelyn graduated from Ballard High School and enrolled in the University of Washington in 1934. She continues to have a strong interest in design and art. She met her husband at the Central SDA church in Seattle, where the Vulliets were greeters who befriended her parents. Evelyn's husband worked at the University of Washington; she has been widowed for many years. She has three children, two sons and a daughter, and grandchildren, all of whom live out of state. Evelyn enjoys attending Green Lake, where she has many friends.

The next time you see her at church, take a minute to say "hello," and you will be rewarded with her bright smile.

Karla Walters ◇



Nonagenarians Among Us



Missing Wool Cap

Did you accidentally pick up the wrong black wool cap after church on May 29? The owner is missing it because his is slightly larger than the one he found.

His head appreciated the comfort of the larger cap, so he would like to exchange the smaller for the larger.

Please contact the church office.

(Continued from page 5)

Board of Elders

with the pastors and the head elder.

Any member who desires a connection with an elder can make the request through one of the following people:

Pastor David Wood
Associate Pastor Tim Dunston
Church Administrator Carolyn Lacy
Elders:

Virginia Bock, Head Elder	Michael Kubecka
Babu Rao Chedalawada	Eustace Mazila
Lowell Dunston	Brian McGrath
Alex Gagiu	Ellen Park
Jenni Hamilton	Alwin Vyhmeister
Gloria Hiten	Carrie Wilbur ◇

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 Preschool and Childcare: 206-525-7877
 Website: http://www.greenlakepreschool.org
 Director: Anne Kelly

Senior Pastor: David Wood.....206-920-1845
 Minister of Music Wanda Griffiths
 Orchestra Director..... Alex Gagiu
 Office Administrator..... Carolyn Lacy
 Custodian Elmo Rajah
 Head Elder Virginia Bock
 Board Chair.....Forrest Crowell
 Weddings Julie Mittleider

Stephen Ministers

Lucille Bertholf	Kevin Seidel
Babu Rao Chedalawada	Linh Tran
Melody Gayle	Mark Voth
Barbara Jonsen	Simona Vuletic
Jeremy Mays	Karla Walters
Myrtle Mitchell	Julian Wheeler

Green Lake Church

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**Preaching
 Schedule**

2009-2010

A LIFE WELL LIVED

Spring 2010: Your Story: Personhood

June 5		Forrest Crowell
	<i>Here is the church...Here is the steeple</i>	
	Honoring Our Graduates	
June 12	<i>Holding the Future</i>	Elyse Bryant
June 19		Tim Dunston
	<i>How Do You Organize Your Space?</i>	
June 26	<i>Fore-Sight</i>	David Wood
	Communion	



COMMITTEE MEETINGS

AND OTHER EVENTS

Bible StudyJune 2, 11:00 a.m. (last meeting until September)
 Church Board July 20, 7:30 p.m.
 Cypress School Eighth Grade Graduation June 2, 7:00 p.m.
 Hospitality Potluck June 5
 Washington Conference Camp Meeting June 11-19

Sabbath School Programs

June 5	Babu Rao Chedalawada
June 12	Bernard Pham
June 19	
June 26	Curtis Lacy

Potluck Schedule



June 5